



CAMPEONATO NOVICIOS QUIRIHUE 2021

POWERLIFTING

Nº	Nombre	Nacimiento	Equipo	H/M	Edad	Div 1	Div 2	Peso Corp	Cat. de Peso	SQUAT					BENCH PRESS				SUB TOTAL	DEAD LIFT				TOTAL	Podio 1	Coef. Product	Lugar	
										1	2	3	4	Total	1	2	3	Total		1	2	3	Total					
1	Karla Cabargas	05-03-90	Hercules	F	31	NOV	Open		50,7	52	70,0	80,0	-90,0		80,0	25,0	-30,0	30,0	30,0	110,0	80,0	90,0	105,0	105,0	215,0	2	273,29	
2	Cecilia Baeza	21-12-69	Genesis	F	51	NOV	Open		52,0	52	-80,0	80,0	85,0		85,0	30,0	35,0	37,5	37,5	122,5	90,0	100,0	105,0	105,0	227,5	1	283,60	
3	Adamari Pulgar	22-08-04	Barra Barbara	F	17	NOV	Open	Junior (15-19)	55,0	56	75,0	85,0	-95,0		85,0	-45,0	45,0	-50,0	45,0	130,0	115,0	125,0	132,5	132,5	262,5	1	313,24	
4	Sharlotte Leiva	02-09-96	Hercules	F	25	NOV	Open		59,4	60	60,0	65,0	72,5		72,5	30,0	-32,5	-32,5	30,0	102,5	77,5	85,0	95,0	95,0	197,5	3	221,91	
5	Catalina Pineda	07-09-99	Berserker	F	22	NOV	Open	Junior (20-23)	58,3	60	112,5	120,0	122,5		122,5	50,0	52,5	55,0	55,0	177,5	145,0	152,5	-160,0	152,5	330,0	2	376,23	
6	Marina Castillo	22-06-94	Genesis	F	27	NOV	Open		57,8	60	150,0	160,0			160,0	60,0	70,0	75,0	75,0	235,0	150,0	160,0	170,0	170,0	405,0	1	464,86	1
7	Patricia San Juan	25-01-95	Helheim Powerlifting	F	26	NOV	Open		64,5	67,5	67,5	-72,5	75,0		75,0	35,0	-40,0	-40,0	35,0	110,0	80,0	90,0	102,5	102,5	212,5	3	224,21	
8	Camila Muñoz	05-04-97	Titanes Quirihue	F	24	NOV	Open		65,9	67,5	107,5	112,5	-117,5		112,5	47,5	52,5	55,0	55,0	167,5	130,0	137,5	142,5	142,5	310,0	2	321,94	
9	Francis Rodriguez	03-01-97		F	24	NOV	Open		66,5	67,5	130,0	140,0	147,5		147,5	60,0	65,0	-70,0	65,0	212,5	130,0	140,0	150,0	150,0	362,5	1	373,99	
10	Estefania Mora	20-06-01	Titanes Quirihue	F	20	NOV	Open	Junior (20-23)	74,5	75	-135,0	135,0	140,0		140,0	50,0	55,0	-57,5	55,0	195,0	135,0	145,0	147,5	147,5	342,5	1	326,98	
11	Loreto Calderon	03-10-81	Hercules	F	40	NOV	Open	Master (40-44)	71,3	75	115,0	120,0	125,0		125,0	-62,5	62,5	65,0	65,0	190,0	132,5	140,0	150,0	150,0	340,0	2	334,02	
12	Diamela Estay	18-11-95	Team Panda	F	26	NOV	Open		79,2	82,5	110,0	120,0	127,5		127,5	75,0	80,0	82,5	82,5	210,0	135,0	150,0	160,0	160,0	370,0	1	340,47	
13	Constanza Espinoza	09-04-91	Helheim Powerlifting	F	30	NOV	Open		106,7	90+	90,0	95,0	102,5		102,5	50,0	57,5	-65,0	57,5	160,0	75,0	85,0	95,0	95,0	255,0	1	208,74	
14	Edward Verdejo	01-08-99	Hercules	M	22	NOV	Open	Junior (20-23)	55,2	56	140,0	145,0	150,0		150,0	77,5	-82,5	-82,5	77,5	227,5	162,5	170,0	-177,5	170,0	397,5	1	367,01	
15	Erick Muñoz	16-04-06		M	15	NOV	Open	Junior (15-19)	56,1	60	75,0	87,5	95,0		95,0	47,5	52,5	-57,5	52,5	147,5	110,0	120,0	-130,0	120,0	267,5	2	243,10	
16	Hernan Diaz	24-05-07	Titanes Quirihue	M	14	NOV	Open	Junior (15-19)	58,2	60	100,0	115,0	125,0		125,0	52,5	57,5	62,5	62,5	187,5	110,0	120,0	130,0	130,0	317,5	1	278,54	
17	Bastian Ibañez	16-10-02	Hienas	M	19	NOV	Open	Junior (15-19)	66,9	67,5	120,0	-130,0	135,0		135,0	75,0	-85,0	-85,0	75,0	210,0	120,0	135,0	145,0	145,0	355,0	3	275,69	
18	Matias Quiñinao	10-09-99	Powerturtle	M	22	NOV	Open	Junior (20-23)	66,5	67,5	140,0	150,0	-160,0		150,0	-85,0	90,0	-92,5	90,0	240,0	175,0	190,0	200,0	200,0	440,0	1	343,38	
19	Jaime Cabezas	13-11-95	Barra Barbara	M	26	NOV	Open		63,5	67,5	115,0	130,0	-140,0		130,0	85,0	-90,0	90,0	90,0	220,0	180,0	200,0	-220,0	200,0	420,0	2	340,66	
20	Marcelo Squella	03-04-89	Hercules	M	32	NOV	Open		73,6	75	140,0	145,0	155,0		155,0	80,0	85,0	87,5	87,5	242,5	160,0	170,0	180,0	180,0	422,5	2	305,09	
21	Pedro Soto	14-10-02		M	19	NOV	Open	Junior (15-19)	69,5	75	160,0	165,0	170,0	175,0	170,0	100,0	105,0	110,0	110,0	280,0	200,0	205,0	220,0	220,0	500,0	1	376,75	
22	Arnaldo Salinas	01-04-83	Ludus Power Fitness	M	38	PRO	Open		74,6	75	267,5	292,5	300,0		300,0	145,0	155,0	-157,5	155,0	455,0	262,5	287,5	-297,5	287,5	742,5	1	531,04	1
23	Enzo Fernandez	22-02-99		M	22	NOV	Open	Junior (20-23)	77,2	82,5	115,0	120,0	-125,0		120,0	-62,5	62,5	-67,5	62,5	182,5	130,0	140,0	145,0	145,0	327,5		228,82	
24	Luis Guillen	07-11-91	Helheim Powerlifting	M	30	NOV	Open		81,6	82,5	115,0	-125,0	130,0		130,0	-112,5	115,0	-117,5	115,0	245,0	170,0	-175,0	-180,0	170,0	415,0		279,88	
25	Gabriel Salamanca	24-10-96	Copiapo	M	25	NOV	Open		81,5	82,5	140,0	150,0	160,0		160,0	80,0	90,0	95,0	95,0	255,0	160,0	175,0	185,0	185,0	440,0		296,96	
26	Andres Teneb	16-06-95	Helheim Powerlifting	M	26	NOV	Open		80,4	82,5	145,0	155,0	167,5		167,5	-85,0	85,0	100,0	100,0	267,5	180,0	190,0	200,0	200,0	467,5	3	318,18	
27	Patricio Avendaño	29-04-93	Helheim Powerlifting	M	28	NOV	Open		81,2	82,5	165,0	175,0	190,0		190,0	102,5	110,0	-112,5	110,0	300,0	185,0	200,0	210,0	210,0	510,0	2	344,96	
28	Nicolas Muñoz	02-10-94	Bulldogzer	M	27	NOV	Open		80,8	82,5	145,0	-155,0	-160,0		145,0	95,0	-102,5	102,5	102,5	247,5	195,0	205,0	215,0	215,0	462,5		313,81	
29	David Troncoso	28-02-98	Agogelifting	M	23	NOV	Open	Junior (20-23)	78,2	82,5	180,0	195,0	200,0		200,0	140,0	145,0		145,0	345,0	200,0	210,0		210,0	555,0	1	384,45	

30	David Jofre	28-04-94	Barra Barbara	M	27	NOV	Open		87,6	90	115,0	125,0	135,0		135,0	70,0	-75,0	75,0	75,0	210,0	160,0	170,0	180,0	180,0	390,0		252,53	
31	Leandro Campos	05-11-00		M	21	NOV	Open		88,6	90	-145,0	155,0	162,5		162,5	110,0	115,0	-120,0	115,0	277,5	175,0	190,0	205,0	205,0	482,5		310,54	
32	Rodrigo Rozas	23-09-96	Bulldogzer	M	25	NOV	Open		87,6	90	-160,0	165,0	-172,5		165,0	125,0	132,5	-135,0	132,5	297,5	185,0	195,0	-205,0	195,0	492,5	3	318,89	
33	Max Quezada	26-01-96	Barra Barbara	M	25	NOV	Open		85,8	90	140,0	155,0	-165,0		155,0	75,0	82,5	87,5	87,5	242,5	180,0	200,0	-210,0	200,0	442,5		289,79	
34	Rodrigo Bernal	14-02-91	Hercules	M	30	NOV	Open		86,3	90	195,0	205,0	-215,0		205,0	110,0	115,0	-117,5	115,0	320,0	200,0	210,0	-220,0	210,0	530,0	2	345,98	
35	Diego Acuña	23-06-97	Agogelifting	M	24	NOV	Open		83,0	90	-165,0	165,0	170,0		170,0	110,0	115,0	0,0	115,0	285,0	235,0	245,0	260,0	260,0	545,0	1	363,79	
36	Danilo Vasquez	16-07-90		M	31	NOV	Open		84,4	90	180,0	-200,0	-200,0		180,0	100,0	105,0	110,0	110,0	290,0	200,0	-215,0		200,0	490,0		323,89	
37	Sergio Legue	22-06-86	Hienas	M	35	NOV	Open		98,1	100	180,0	190,0	200,0		200,0	100,0	-110,0	110,0	110,0	310,0	190,0	205,0	215,0	215,0	525,0	2	322,04	
38	Gabriel Piñol	07-09-96		M	25	NOV	Open		99,2	100	160,0	170,0	180,0		180,0	90,0	95,0	-97,5	95,0	275,0	190,0	205,0	220,0	220,0	495,0	3	302,25	
39	Pablo Quintana	04-08-95	Barra Barbara	M	26	NOV	Open		95,9	100	200,0	215,0	-225,0		215,0	110,0	-115,0	-115,0	110,0	325,0	200,0	215,0	225,0	225,0	550,0	1	340,67	
40	Juan Fernandez	22-12-96	Hienas	M	24	NOV	Open		107,5	110	230,0	-240,0	-245,0		230,0	160,0	170,0	-180,0	170,0	400,0	230,0	-240,0	245,0	245,0	645,0	2	382,36	
41	Francisco Haquin	11-04-97	Berserker	M	24	NOV	Open		107,1	110	235,0	-245,0	255,0		255,0	130,0	137,5	-142,5	137,5	392,5	255,0	270,0	285,0	285,0	677,5	1	402,10	1